



C M Y C

THE FRIENDLIEST NEWSLETTER IN SUSSEX?



SEPTEMBER 2024



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In the news

With the Olympics and our Junior Helm Week (JHW) done, what else is there to look forward to? Plenty!

The Paralympics take centre stage now and we too have been looking at ways we can help our members continue to enjoy their sport. If you work with or know anyone with any form of disability (*I'm including aging as no one seems to be getting any younger*), please help us to help you. You can read more about this in the Helping Our Members item in this newsletter from Sarah-Jo.

I managed to visit JHW on two occasions to see firsthand this flag ship event unfold. It is an amazing achievement and credit to the Club. My thanks go to all the Junior Helms that joined in, the parental help provided and in particular; Alison, Andy, Anna, Annabel, Donal, Esther, Ian, Nico, Oliver, Sarah, Thomas, Vanessa, Will and anyone I may have not seen, and Jeff who masterminded the whole event and attended taking responsibility every day.

Want to know what's going on?, don't be 'Bashful' take a look at the new easy to view programme on the website: *MEMBERS AREA / PROGRAMME.* , and you'll discover the next big event – Barts Bash, see separate news item.

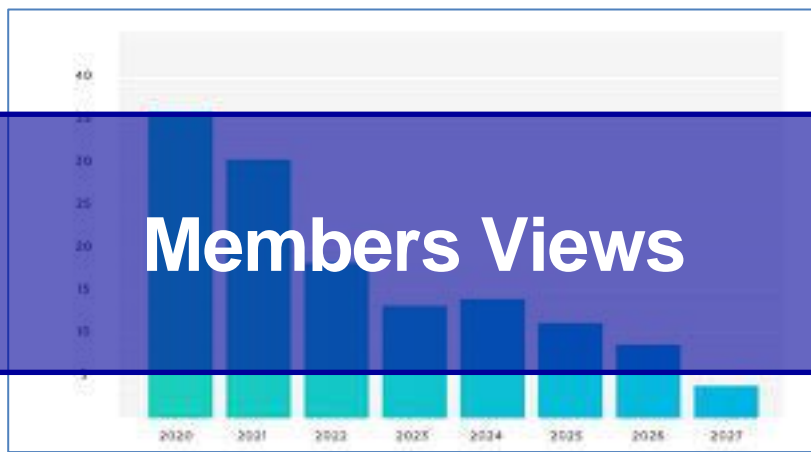
If you are wondering why you haven't had a water quality result sent to you recently this is because it is now on the website: *ACTIVITIES / OPEN WATER SWIMMING.*

The Hansa keel boats have been returned but we have negotiated an extension of loan for the Maverick so if you wanted a go let us know.

Results from last month's poll; "How likely are you to recommend CMYC to friends and family?" are also included later in this newsletter and were not as you might expect. Without causing too many waves, do take a look.

Fair winds,
Richard
Commodore





We are offering you the chance to share your views on various subjects and started with: What is most important to you? Last month we asked:

How likely are you to recommend CMYC to family, friends and colleagues?

The answer was not a resounding 100% likely.

93.3% responded with the top two categories: Very Likely and Likely

It just shows it only takes one off-hand comment, perhaps an unnecessary anti-social word, leaving litter or some other annoyance and we fall from grace. This is useful to us all, not just as a leadership team, because as members please help and respect other members.

There were lots of positive comments including:

- It's a good place to learn to sail in peaceful surroundings.
- The club has so much to offer and the fact that members have access all year round and while other events are taking place is amazing.
- Everyone is friendly and accepting and always happy to help or give advice.
- Lovely friendly club, owned by the membership so no worries for the future
- Beautiful location, friendly people and the club has lots to offer
- A great club for learning to sail and a good range of activities
- It's a lovely safe place to sail and people are very friendly
- Great sailing club. Well run with lots of activities to get involved in. Affordable membership fee and boat storage. Modern club house.
- Opportunity to have some fun at a safe lake and with great people.

Thanks,
The Management Committee





Sunday Socials

First Sunday every Month from 10:30

This is a social that is all about enjoying a chat over a cuppa and a biscuit, an opportunity to ask about the Club, learn about its events and plans, meet other members, and watch some of the on-water events at the same time.

Some of these events will have themes...

Sunday* 08 th Sept	10:30	Come 4 coffee stay 2 Sail <i>Coupled with Social Sail and Have a Go!</i> And an opportunity to try the Maverick
Sunday* 20 th Oct	10:30	Spectate in good company <i>Coupled with Autumn Leaf</i>
Sunday 03 rd Nov	10:30	Club insights and more <i>Coupled with Autumn Leaf</i>
Sunday 01 st Dec	10:30	Pre-Christmas Laughter <i>Coupled with Autumn Leaf</i>

**Not the first Sunday this month*

...and they all include the friendly CMYC atmosphere that we are so well known for.

You are always welcome to come to any event, if only to say hello and watch the activities.

Join us and let us know what you'd recommend.

See you soon,
Andy, Celina, Richard and Sarah-Jo





Social History

In recognition of those that have helped the Club develop over the past 60 years we are going to create a Social History page on the website.

It may be those that contributed to the purchase of the lake, to the construction of the Clubhouse, to its maintenance and up-keep, achieving the many accolades we have, or any contribution you feel should be remembered.

Perhaps you would like us to remember someone famous, perhaps even an Olympian (i.e., Simon Hiscocks (Silver and Bronze) and Helena Lucas (Gold and Bronze) or a National Champion that started out with us at CMYC?

To start with we are looking to include all those that have received recognition awards where we have the history available.

Please let me know of your recommendations, thank you.

Best regards,
Richard
Commodore

Sailors Meteorology Joke

I have been trying to write a joke about a hurricane, but at the moment it is just a draft.

Ed.



A banner image featuring a nautical chart, a compass, and a pair of dividers. The text 'Navigation Training & Yacht Tour' is overlaid in white on a dark blue background.

Navigation Training & Yacht Tour

Navigation Training

We are planning to provide another RYA Navigation Theory Course in January / February 2025 and a yacht tour towards the end of this year.

In planning this year's course (earlier in 2024) we had interest in both:

- Day Skipper Theory and
- Coastal Skipper / Yachtmaster Theory

If you are interested in either of these courses please let me know which one. I will then provide a Web-collect booking entry depending on the majority of interest.

Yacht Tour

This is an invitation to go on board a wonderful Dufour 36 Classic yacht to experience first-hand the ropes, the rigging, the home comforts and explore the various items of navigation and safety equipment, plus a brief introduction to Eastbourne marina, its locks and lights.

We are not planning on leaving the marina, it is simply a chance to step on board and explore the whole environment and consider what it must be like to go to sea.

It is particularly recommended to those interested in RYA Day Skipper Theory as you will benefit from the practical reality of seeing a whole range of topics that will otherwise only be covered in the classroom.

Note: the yacht tour is not a formal training course.

Please let Richard know if you want to be included.

Richard
Commodore





Helping Our Members

Do you find, like me, the years of membership of Crawley Mariners slip by quickly? Each year I think about getting out on the water more because when I do I love it, but somehow barriers present themselves, often physical ones.

This year I decided to find out more about what goes on at CYMC and I accepted the invitation to attend a meeting organised by our new Commodore, firstly to learn more about the Club and secondly, to see if I might like to help by volunteering in some way. It wasn't obvious at first how I could support the Club, so I thought I'd sit in on a few Committee meetings. Frankly, I had no idea how much goes on! There are so many different opportunities for those who enjoy the water, including meeting other people who share that passion.

But what of those who find it hard to physically get a boat to the water? What about those of us who need a little support or adaptations to achieve our goals? Are you one of the many members whose boat covers gather moss because you just need a bit of help nowadays?

I now have the role of Committee Member with a focus on Sailability & Strategy. The RYA helpfully, have an extensive list of possible measures the Club could take to address any accessibility needs however, ***we can't do everything, but we can do more*** with your guidance.

At the moment we can only guess what accessibility measures our membership might appreciate.

- Is getting to the Club House an issue?
- Is there something that could be altered to make life safer or easier?
- Is rigging your boat and getting it afloat becoming difficult for you?
- Is hearing the start whistle or seeing the numbers on the buoys difficult?

If you would help steer us, we would be very grateful and will keep your comments in confidence. Please email the [Commodore](#) who will pass your comments and ideas to me.

Sarah-Jo



Did you know?



You can add other family members to the WebCollect database so that everyone can stay in the know with our CMYC Newsletter.





CMYC Model Yacht Group



Yes. We are now very much up and running! Wednesday afternoon saw our fifth on-the-water meeting. We had three DF-65s and one RG-65 sailing together at Hedgecourt. There was a lot of talk about tweaks and rig settings and indeed these little sail-boats are surprisingly technical. They seemed pretty well matched for speed so our next plan is for racing as a combined 65 fleet restricted to the standard A rig only. Forget the Americas Cup, the big boys are in town!

We are very happy with the choice of the DF-65. These boats are relatively inexpensive, come almost ready to sail and are small and portable. They are also one of the most competitive and widely sailed classes world-wide with over 40,000 DF-65s and 95s sold. This may give you a flavour of the racing; <https://www.youtube.com/watch?v=rXbBPNwNnw>

We are still very keen to hear from other members who might be interested in joining us. We are keen to accommodate all with an interest in model yachts and the group is definitely not just for retired male mariners who like to sail mid-week. I am keen that it should be open to everyone, women and junior members will be especially welcome. Let me know your views.

We now have our own set of mini buoys for race courses and we have access to the Club's "Bobbin" rowing dinghy for setting those courses and for retrieving any wayward models from the reeds. We also have a useful app for managing start count down times and race results.

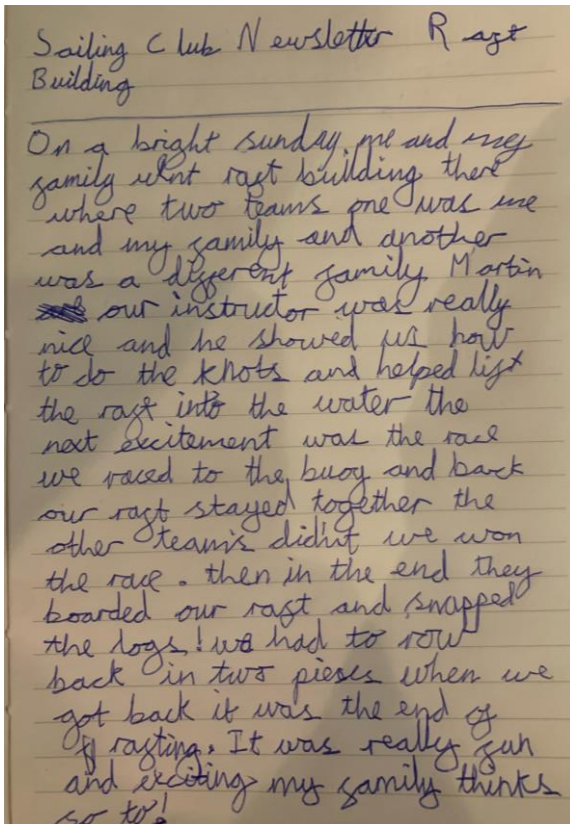
I wish my sailing had always been this comfortable. A deck chair, an RC transmitter on a sunny day at Hedgecourt. What's not to like? "Starboard, watch out where do you think you are going?"

See you on the water!

[Donal](#) - Cruise Co-ordinator CMYC



Raft Building – by Theo (8 years old)



Sailing Club Newsletter - Raft building

On a bright Sunday me and my family went raft building, there were two teams.

One was me and my family and another was a different family.

Martin our instructor was really nice and he showed us how to do the knots and helped lift the raft into the water.

The next excitement was the race, we raced to the buoy and back. Our raft stayed together, the other teams didn't, we won the race! Then in the end they boarded our raft and snapped the logs! We had to row back in two pieces.

When we got back it was the end of rafting. It was really fun and exciting, my family thinks so too!

Theo - 8 years old





SIGN UP TODAY FOR BART'S BASH
14TH - 15TH SEPTEMBER / BARTSBASH.COM

Participate in the world's largest sailing event Sunday 15th September 2024 1 Race, starting at 10.30

Bart's Bash is the flagship fundraising and sailing event for the Andrew Simpson Foundation (ASF). Andrew 'Bart' Simpson was an Olympic Gold and Silver medallist who tragically passed away in 2013.

Bart's Bash is a fantastic opportunity for Juniors, New Sailors and Experienced Racers to take part in a global sailing event and meet other club members.

Sign up on the day or Register via the Bart's Bash Website.

Voluntary donations can be made from the link below or via a donation bucket on the day. <https://www.justgiving.com/campaign/bartsbash2024>

Club boats are available to borrow via pre booking.
 For further information contact [Amy](#).



Powerboat Level 2

The next Power Boat Level 2 course is on **Saturday 28th September and Sunday 6th October.**

There are people on the waiting list but we have at least one spare place. If you are interested in doing the RYA Power Boat Level 2 course, either this one or next year, please register in WebCollect on the Power Boat 2 waiting list.



Here is the RYA description of the course:

RYA Powerboat Course Level 2, The National Powerboat Certificate.

This two-day course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence. It includes close quarters handling, high speed manoeuvres, man overboard recovery and collision regulations.

Assumed knowledge - None

Mike Smith
01403 262102





Flotilla Holidays

What is a flotilla holiday?

As a flotilla you sail in as a group of 10-12 boats, you have a lead crew that look after you, checking the weather and deciding that night's destination. They will also let you know any other information you need for the route and the destination for that evening. You then have freedom of sailing where and when you like on the route knowing that when you get to that night's destination the lead crew will be there to help you dock your boat and make sure there is space for you. This makes the whole experience stress free. You will normally then enjoy a meal in the taverna in the bay that you have stopped for the night.

Hi, I am Neil, and I love sailing, so when I had the chance to go on the flotilla holiday last year (May 2023) I jumped at the chance. At the beginning of September 2022 Richard had arranged for all possible crew and skippers to meet up at the lake and this was a good chance to meet others and start looking at who had spaces and who was available as crews. I was lucky and within a week we had our crew for the boat all locked in and I was able to offer 4 mariners (Andy, Clementine, Don and Betty) a chance to come on the flotilla with me. We confirmed the booking, paid our deposit, which all went smoothly, and now for the wait for May.

We met up a couple of times before the holiday as none of us really knew each other than Don and Betty as they were married but we all seemed to be on the same page and where all quite flexible.

There were 6 boats that were with CMYC on the flotilla and the holiday was a great success we had 6 days of fantastic sailing visiting a different cove or harbour each night and having a chance to anchor at lunch and have a swim or just eat and relax while in beautiful location. The food at the tavernas was lovely and it was so nice to see the smaller parts of Greece that you wouldn't normally see.

Find out more

Come along on
18th September
7pm at the
Clubhouse

All Welcome





Flotilla Holidays

We are looking at arranging the 2025 Flotilla and the dates we are looking at are the 18th – 25th May for outside of school holidays and 25th May – 1st June for those that need school holidays.

If you would like to come on the flotilla or would like to know more about this type of holiday, please come along to our get together on the **18th of September at 7pm at the Clubhouse**. We will have some brochures to look at and some photos of the 2023 Flotilla. If you can't make this, please let me know and I will happily go through it with you at a separate time.

What I loved about the holiday

I went for the sailing and while this was fantastic, I also enjoyed the visiting all the small locations and I felt like we saw the real Greece rather than the large resorts that you would usually go to. The evening with the food and friends was also very enjoyable too and I can't wait to go again in 2025.

I look forward to seeing you on the evening of 18th.

Thanks,
Neil

PS: Need to qualify?

We can help with that too, see elsewhere in this newsletter or simply come along on the 18th September at 7pm on 18th September and we'll answer your questions.



West Sussex Regatta 2024

Saturday 21st and Sunday 22nd September



Venue: Shoreham Sailing Club

Last year we had some great results at Itchenor SC, which we hope to achieve again this year.

There will again be a Rookie Fleet for those just setting out on their racing experience, (and we have three entries in this fleet). We also have sailors in the ILCA6; RS Feva and Topper fleets.

COME AND JOIN US on either day and cheer our CMYC sailors on, and see just what it is all about. FUN and SAILING – you may decide to become a Rookie next year !



Training & Development for all

Upcoming Training & Development Opportunities

- Junior Saturday Club – 7th September – Booking open on WebCollect
- Adult Saturday Club – 21st September – Booking open on WebCollect
- Have A Go Racing – 8th September – Booking open on WebCollect
- West Sussex Regatta – 21st – 22nd September at Shoreham SC (see separate article in this Newsletter)
- NSSA Single Handed Team Racing 28th & 29th September 2024 (see separate article in this Newsletter)
- Powerboat Level 2 – 28th September & 6th October – see separate article.

Feedback

Please give feedback on any CMYC training, click [here](#) to complete the form, there is a link to form on the club Website in Members Area – Policies and Documents.

Junior Saturday Club – August

Thanks to Dan for being the SI in charge and to all the instructors and helpers. It looks like the weather was good.

Toppers

In the morning the two Topper groups were merged. Some had not sailed for a while so it took a little while to get things moving. Before going afloat the group was given refreshers on upwind sailing, coming alongside and the Five Essentials. On the water sessions included, follow my leader, coming alongside, sailing a triangular course efficiently and Topper netball. Over the session skills were remembered and sailing improved.

Adult Saturday Club

Thanks to Dan for being the SI in charge and to all the instructors and Brian for being the powerboat helm.

There was a relatively low turnout, which is not unusual for August.



Training & Development for all

'FUN RACE' report by Diana



The August Fun Race was a little windy but we did have two Topper and two Oppie sailors keen and ready to go.

Thanks to Nico for helping with the results and Geoff and Dan for laying the course and coaching where necessary.

Hopefully some of the advanced Topper, and confident Oppie, sailors who took part in Junior Helm Week will join in the 7th Fun Race on the 7th September, with just two more left in October & November.

FUN RACE RESULTS	
Race 5 – JULY	Race 6 - AUGUST
1 st Oscar Daly (Topper 5.3)	1 st Hugo Arthur-Crow (Topper 5.3)
2 nd William Larkin (Topper 5.3)	2 nd William Castle (Topper 5.3)
3 rd Caitlin Brown (4.2 rig)	3 rd Oscar Daly (Topper 5.3)
4 th Oliver Larkin (Topper 5.3)	4 th Teddi Arthur-Crow (Oppie)
5 th Szymon Giersz (Topper 5.3)	5 th Piers Daly (Oppie)

The Fun Race is only 25 minute long and starts promptly at 13.00 so that sailors from the AM or PM sessions can join in. If you can tack, gybe and sail a triangle you will have no difficulty in taking part. There will be a support boat and an instructor on the water giving help and advice to anyone that needs it.

For those new to the fun race.

TIME TABLE:

1. Find a boat – if you are using a club boat please ask an instructor to allocate you with one or rig your own ready for 12.30.
2. Sign on – add your name, class of boat, sail number and sail size to the signing-on sheet located just outside the clubhouse.
3. Briefing 12.30pm – (changed ready to sail) this takes place just outside the clubhouse
4. Launch – 12.40 - head out to the sailing area by the Maid of Kent.



Training & Development for all

The race starts at 13.00 - sailors need to be near the MOK about five minutes before that to hear the whistle for the start. Finish after 25 minutes (2/3 laps) Hopefully it will still be Summer, so remember you will need suntan lotion and a hat. If wearing a cap you will need some string to tie it on to your buoyancy aid.

Looking forward to seeing you there, and it would be lovely to see some new sailors as well having a go.

Got News?

Follow us on Facebook and Instagram to keep updated throughout the year or email us if you have any news for future newsletters.

Deadline for next newsletter articles is Friday 27th September 2024



Cruising and Camping with the Mariners

Crawley Family Camping and Cruising weekend took place in Sea Park, Cobnor Estate from Thursday 8th to and including Sunday 11th August. The weather was wet for early arrivers on the Thursday evening so John S and I decamped to the nearby Old House at Home where we had an excellent meal. The rain cleared overnight leaving sunny but still windy conditions for the rest of the weekend.

On the Friday two boats sailed to East Head. Donal, John S and Shirley in the V16, Paul J and Richard S in a Comet Versa, We enjoyed lunch on the beach before a rapid return to Cobnor assisted by the incoming tide.

On the Saturday four dinghies sailed to East Head against the flood tide in windy but sunny weather. Donal, Alex and Shirley in the V16, Ian and Kathy in a Comet Versa, Paul J and Mike S in a Comet Versa, Paul H and Dave Edgar in a Wanderer and Richard W and John S, the latter fresh from his RYA Safety Boat course, accompanied us in the Club RIB. We chatted and picnicked on the beach and discussed where to go next.

Emsworth seemed a bit far given the wind and tide and there was much talk of ice cream! Duly decided we set off to explore the Thorney Channel and very quickly arrived at Thorney Island Sailing Club. They were holding their Junior week and we were made very welcome indeed. We enjoyed tea and ice cream and viewing the harbour from a different angle. In the evening we sat around a campfire in the big field and enjoyed great company. Thank you Mike for trailing the powerboat to and from Cobnor and also to Richard and John for looking after us on the water.

A few mariners planned to stay over on the Sunday night but the majority, myself included packed away and headed back home.



Cruising and Camping with the Mariners

There a couple more cruises coming up. I will be co-ordinating as usual so let me know in advance if you wish to come either as crew or in your own boat.

These are:

Sat 21st Sept Portsmouth Cruise HW14.27m; Height 5.0m; Range 4.5 Sp
No support boat. This cruise will explore the upper reaches of Portsmouth Harbour. For more info see:

<https://www.cmyc.co.uk/sailing-activities/error404/portsmouth-cruise.htm>

And the last one of the year:

Sat 05th Oct Itchenor HW13.43; Height 4.7m; Range 3.8 Spring.

[Donal](#) Cruise Co-ordinator CMYC

Mobile 07818 403957



Junior Helm Week

Report by Jeff, photographs by Sarah, Andy and Jeff

Thanks to everyone who helped to make this a successful week, without your contribution we could not hold JHW. We had 11 (am) & 16 (pm) Toppers, 9 (am) & 7(pm) Oppies attend this year, it is good to see so many Toppers again.



Monday was perfect sailing day with a good wind and sunshine, Oppies ended their sessions with Oppie slide. Toppers practised skills and played some games. Two sailors showing their skills moved up a group for the Tuesday session.



On Tuesday the wind became challenging for our less experienced Topper sailors, more skills were honed and more games played. Oppies finished off with string of pearls, running over three upturned Oppies and jumping onto inflatables.



Junior Helm Week



On Wednesday the wind was a little stronger still, lots of reefing in Toppers and the very small sails for a couple of Toppers. Oppies had a go in a 'big boat'. Vanessa (am) and Anna (pm) helmed the Omega with Jeff for ballast and two or three Oppie sailors enjoying the ride. The Toppers tried to catch us and throw balls at us, but we were too quick.



Thursday was the windiest day and it was raining, it was too windy to sail. The Oppies visited the garden of the White House across the lake. Thanks to Stewart for letting us use his garden and Zip wire. Fortunately, we had planned raft building for Toppers. Some of the rafts held together better than others! In the morning Elani was the powerhouse getting the girls team (their choice) around the course. In the afternoon it was Jack's turn, he was also a big help with dismantling. The afternoon teams were at a bit of a disadvantage



Junior Helm Week

as a couple of poles broke in the morning and there were three teams in the afternoon.



Friday was also very windy in the morning, the Toppers did a Treasure hunt onshore and then some paddling in the Toppers. The wind had dropped for the afternoon allowing sailing. Oppies explored the stream.



Junior Helm Week

Thanks to Esther & Charlotte for organising the Great Egg Boat Race, there were some great entries. The wind did what it does at Hedgecourt – go round in circles, causing most of the boats to return to the jetty from which they started. A few managed to escape and the winning pair were locked together as they crossed the line.



Best Boat



Best Dressed Egg



Race Winners



Junior Helm Week

Friday also saw judging of the Art competition thanks to Nav for that, a difficult job with some excellent entries.



The Mr Bump trophy, for most improved Topper, was awarded to William C, and the Ferguson Plate for most improved Oppie was awarded to Jenna B. Well done both of you and to all the others who have improved their sailing during the week.



Junior Helm Week

Finally, medals were awarded to our NSSA competitors



What did the juniors think of JHW:

Sophie (Oppies): "I loved sailing in genrall but my favourette part was when we went to the white house. The teacher Alosen was also really nice. I learnt a lot."

George (age 6): "My favorit things about the sailing course is getting hit by the waves. I liked tackíng."



CMYC Programme - September



Mon	2	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Thu	5	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Sat	7	Junior Saturday Club	Hedgecourt		Register by preceding Wednesday
Sun	8	Sunday Social - Come 4 coffee stay 2 Sail	CMYC Clubhouse	10:30	
Sun	8	Social Sailing 6	Hedgecourt	14:00	Support boat cover
Sun	8	Have a Go Racing 6	Hedgecourt	14:30	3 or 2 races of 20 or 30 mins
Mon	9	Instructed Kayak Session	Hedgecourt	18:30	Register via WebCollect
Thu	12	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Sat	14	Comet Open	Hedgecourt	11:00	4 races, open to visitors.
Sun	15	Bart's Bash & Social	Hedgecourt		World Sailing Event
Thu	19	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Sat	21	Portsmouth Cruise (spr tide HW 14:27)	Portsmouth		
Sat	21	Adult Saturday Club	Hedgecourt	09:30	Register by preceding Wednesday
Sat	21	Beginners Race Series 7	Hedgecourt	13:30	30 min race
Sat	21	One per Month Series 7	Hedgecourt	15:00	1 x 60 min race
Sat	21	WSSYSA Regatta	Shoreham SC		
Sun	22	WSSYSA Regatta	Shoreham SC		
Sun	22	Autumn Leaf 1&2	Hedgecourt	10:30	2 x 45 min. races back to back
Thu	26	Thursday Informal Sailing	Hedgecourt	10:30	Support boat not guaranteed
Sat	28	RYA Powerboat Level 2 Course 2 day 1	Hedgecourt		
Sun	29	Autumn Leaf 3&4	Hedgecourt	10:30	2 x 45 min. races back to back

PLUS:

Wednesday 18th September: Flotilla 2025 Briefing at 7pm in the Clubhouse.

